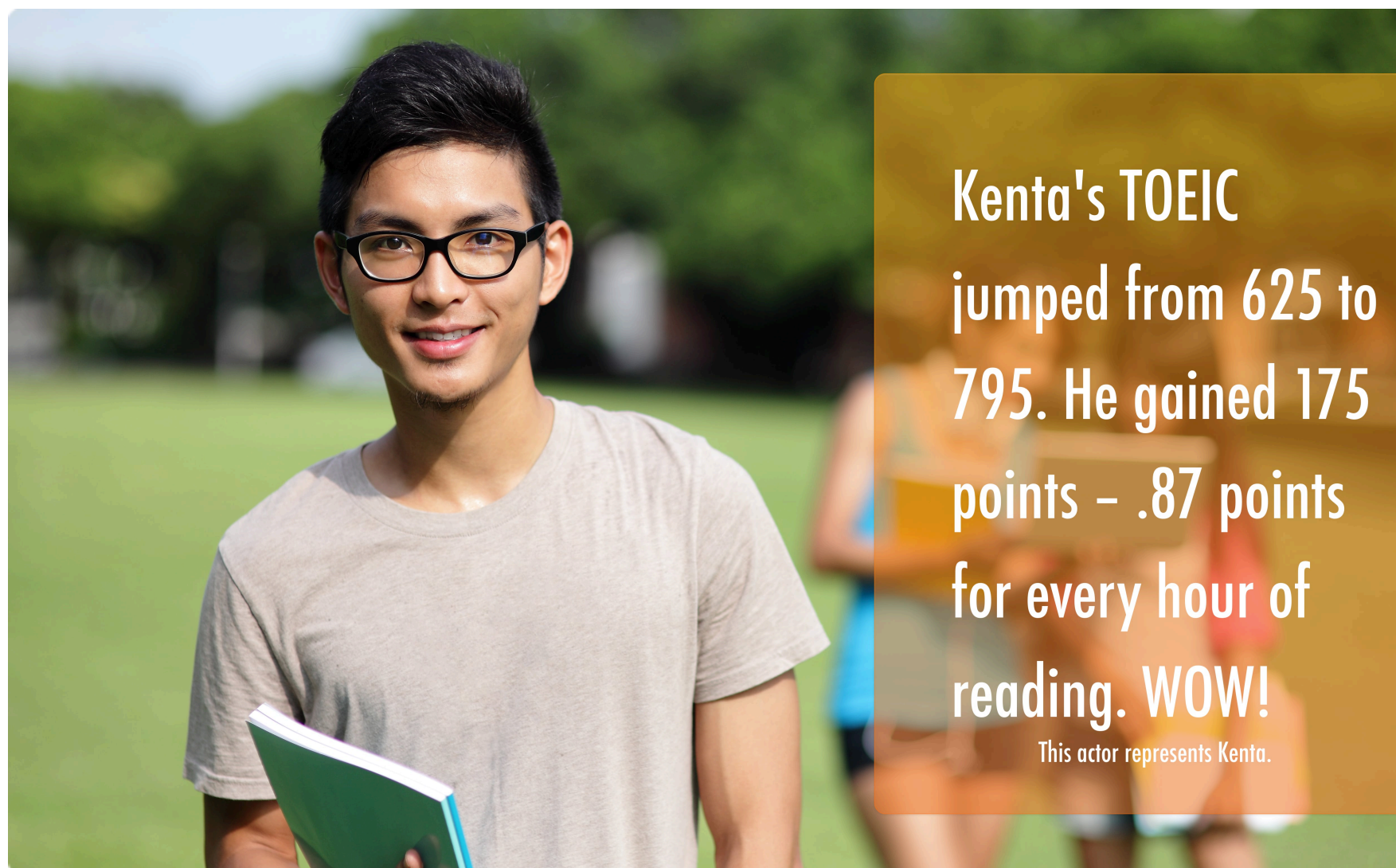


By Dr. Shock and ReadOasis.com

The Magic of Reading - 10 Amazing Secrets



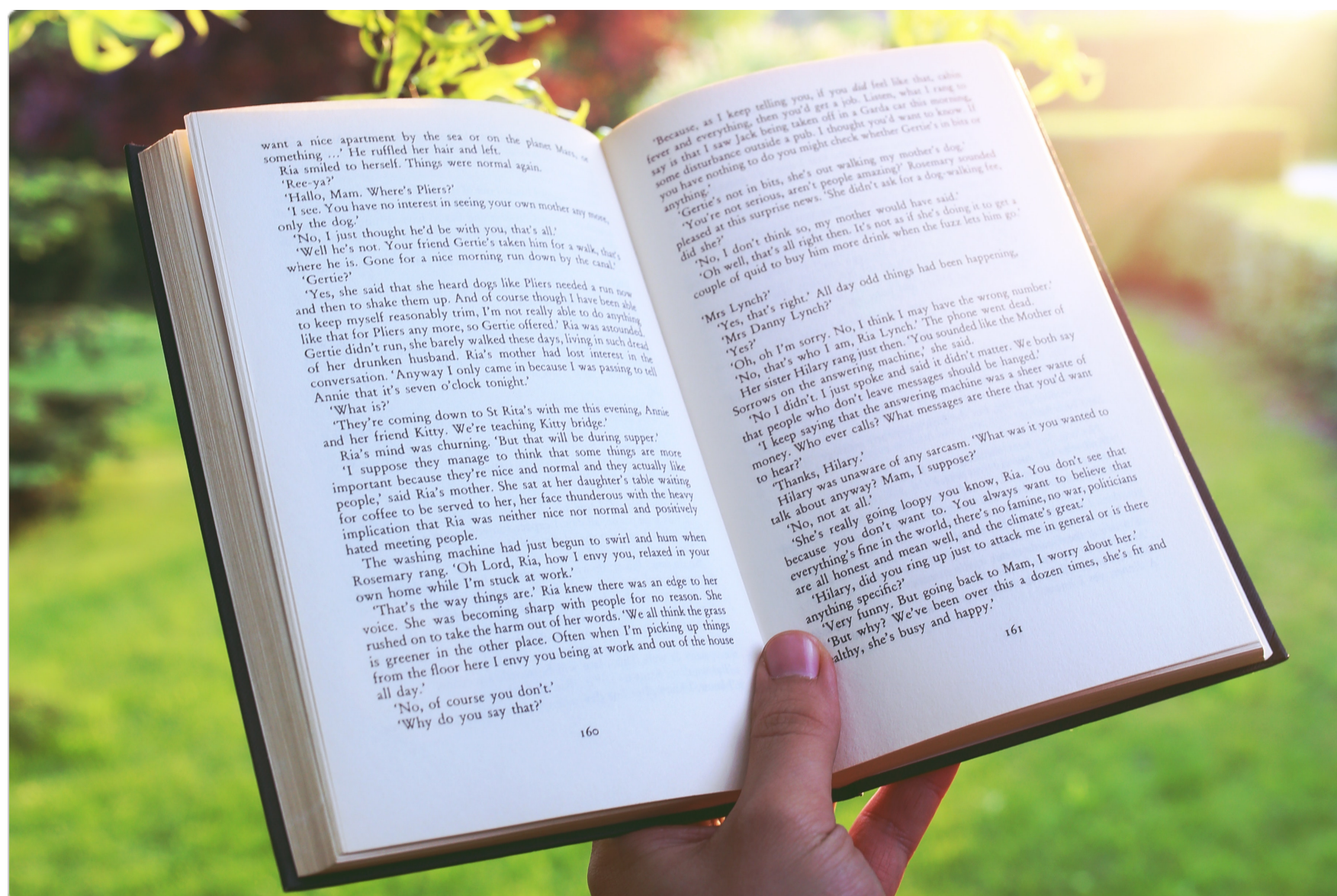
What Are the 10 Amazing Secrets About Reading?



Meet Kenta

For his future success, Kenta wanted a higher TOEIC score. But he didn't know how to get it. Many learners will go to a bookstore, and they will buy a big, fat boring test book. But Kenta didn't. Instead, he tried big, easy reading. He read many stories and books just at his level. **And what happened?** In 45 weeks, his TOEIC jumped from 625 to 795. He gained 175 points – .87 points for every hour of reading. WOW!

Kenta's story is real. You can read about it [online](#). It shows that big, easy reading works. It works as a great way to learn English! **What is big, easy reading?** First, you read lots of books and stories. That's the big part. And these texts need to be right at your level. That's the easy part. We can explain about big, easy reading in many ways. Some people call it a “book flood.” Others call it the book-based approach. I call it big, easy reading, or big reading for short. The good news is that big reading really works. In this short book, I share 10 reasons why big reading is good for you.



1 - Big reading is enjoyable!

People often believe that language study is hard and boring. They do drills. They memorize lists of words. They study complex grammar rules. Then they get tired and lose their desire to study. But big reading is fun. **What would you rather do?** Do hard and boring study or read many enjoyable stories? What would you rather do? Hit yourself on the head with a big FAT grammar book? Or enjoy stories?

2 - Big reading works!

A student says, "I want to improve my English, not read stories." Well, here's more good news. Big reading helps you learn grammar and vocabulary. We know this from research. And big reading brings results. We've seen big readers improve TOEIC test scores .73 points per hour of reading. And as we saw above, Kenta improved his TOEIC score .87 points per hour of big reading! **If you can't live in an English speaking country, what can you do?** You can read big because it works!



3 - Big reading is a good use of time!

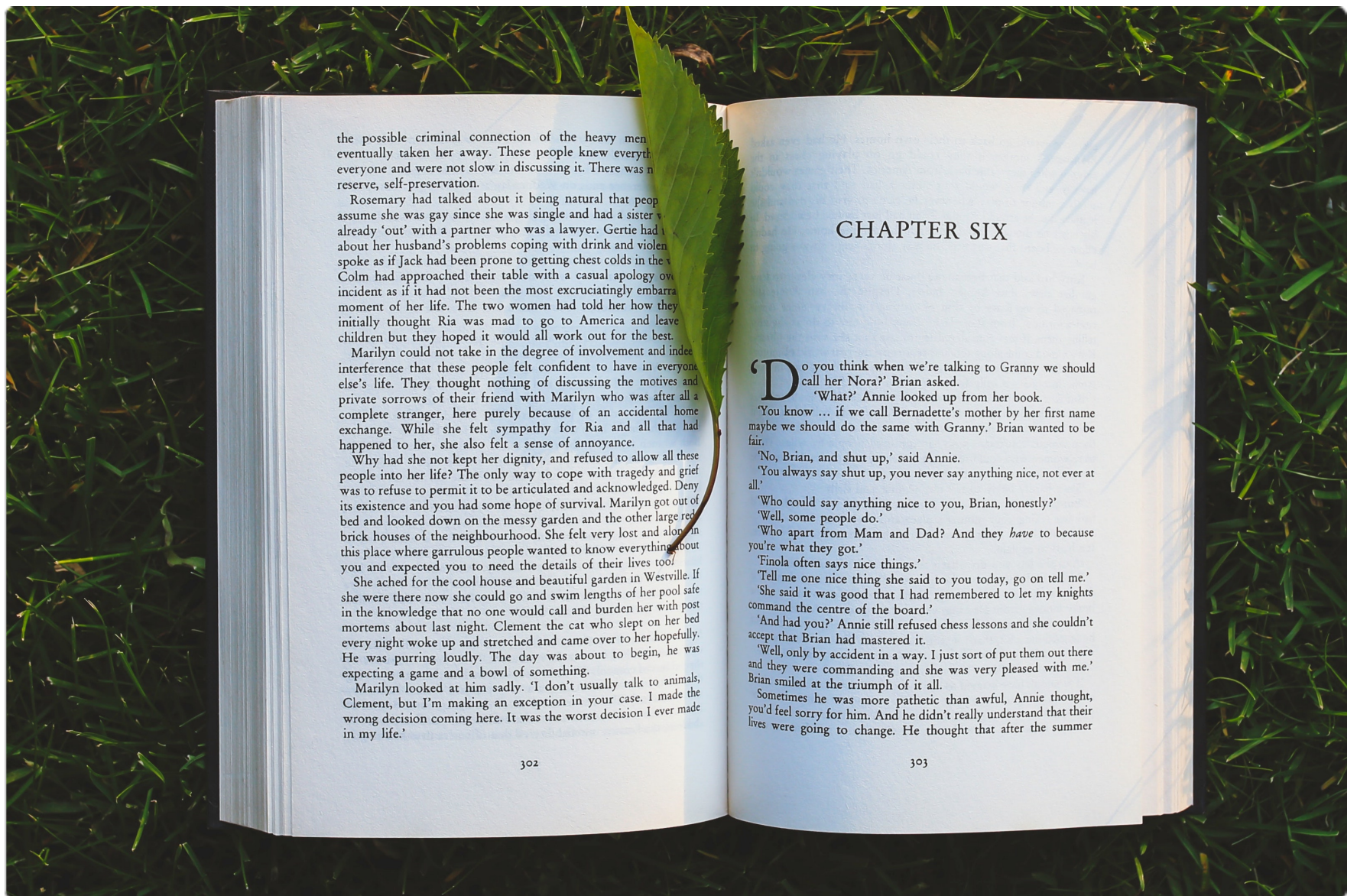
One student said to me, "I like stories, but I want to improve my English quickly." Yes, it takes time to improve English ability. But big readers can improve faster. In some cases, big readers improve three times faster than other learners. Big reading doesn't feel like study. **So, why is it a good use of time?** Because it works in a natural way!

4 - Big reading gives you a feel for English.

If you study rules, maybe you can remember them if you have time to think. But big readers get a feel for English. If you study rules, maybe you will know about English. But if you become a big reader, then you will know English. Big readers get a deep, natural, and automatic feel for English words and rules.

5 - Big reading can beat study abroad.

People who spend a long time in an English speaking country tend to become good at English. But big reading can equal or even beat study abroad. For example, Ken read



about 45 minutes per day in one year (about 2 million words). And Megumi studied English for one year in Canada. Ken improved just as much as Megumi. And if Ken read, 6 million words, he would improve more than Megumi! Big reading works like living in an English speaking country. Remember 2 million words = 1 year of living in an English speaking country.

5 More Amazing Facts

Imagine that you know a secret. Your secret is a powerful idea for change. It can change communities, cities, and countries. It can powerfully affect the future. It can change you.

What is this secret, and what does it do? It is the power of reading. There are many amazing facts about reading. Reading makes you smarter. Reading gives you practical knowledge. Reading improves all your language skills. Reading helps you get higher scores on tests. Reading brings the most enjoyable kind of experience called "flow." Now let's look at 5 more amazing facts about reading.



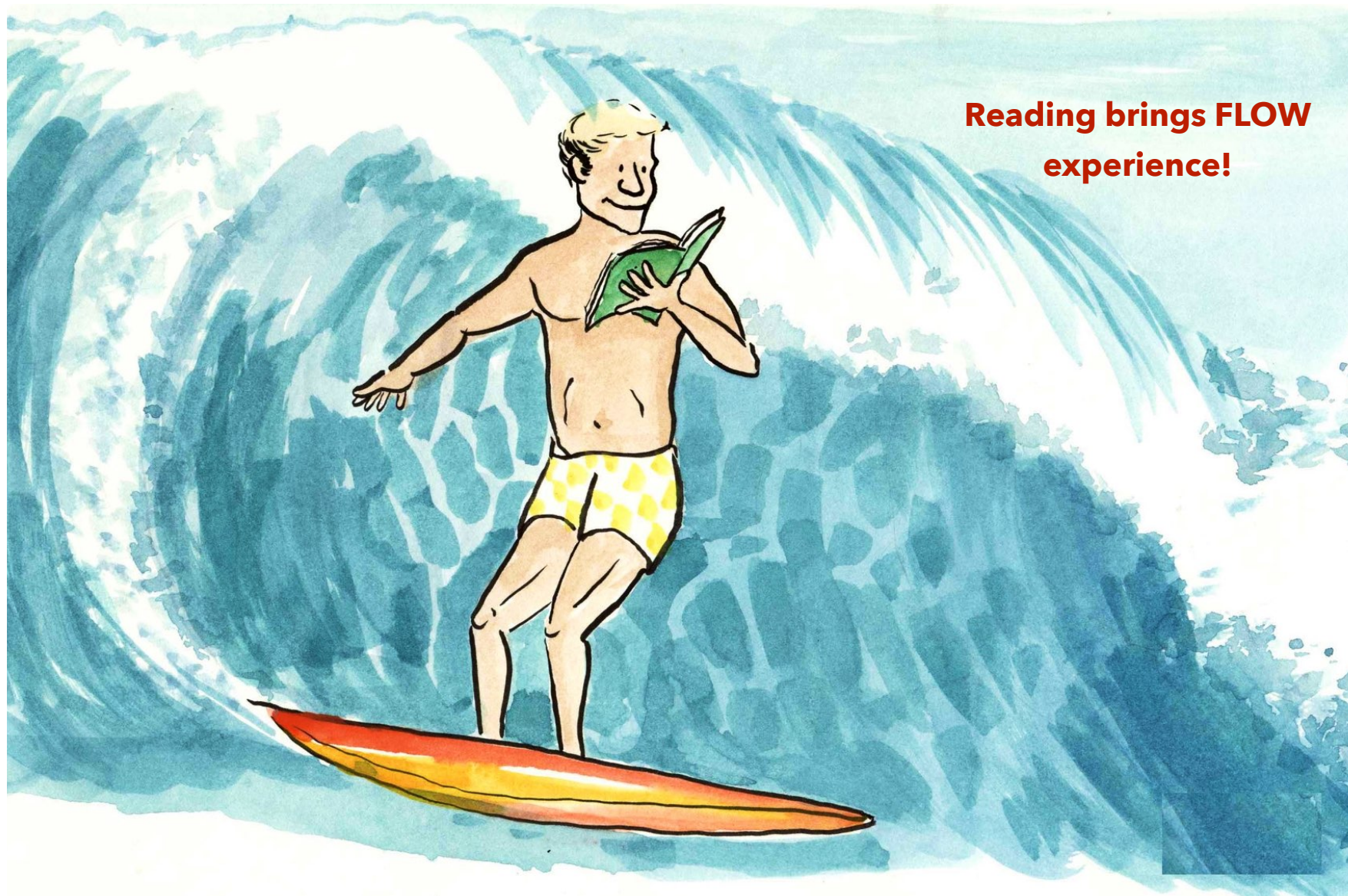
6 - Reading makes you smarter.

Dr. Dean Keith Simonton has studied genius and greatness. He shows that almost all great people are hungry readers, and they read in many areas of fiction and non-fiction. Dr. Keith Stanovich works as a scientist who studies reading. He shows that good readers have stronger verbal skills and intelligence. And smarter students are better readers.

Remember, you can change your IQ! You can get smarter and grow more intelligence. How can you do that? Reading makes you smarter!

7 - Reading gives you practical knowledge.

People who read a lot do not live in a dream world. They get helpful knowledge from reading. We know this from research. Dr. Stanovich says that good readers score high on the "Practical Knowledge Test." So, reading makes you smarter about how to live your daily life. Reading gives you knowledge about health, money, relationships, and success. As an English learner, you get two kinds of benefits when you read. (1) You get practical knowledge. (2) You improve your English skills.



8 - Reading improves all your language skills.

You might think that reading only helps you improve reading. But big reading helps you improve grammar, vocabulary, spelling, writing, listening, and speaking. Big reading improves your total language ability.

9 - Reading gets you higher scores on tests.

Students often say, "Reading sounds good, but I need time to study for a big English test." This is a common feeling. But here's the fact. Those who read more do better on the TOEFL and other big tests. Just studying test materials isn't good enough. To really improve you need to read a lot.

10 - Reading brings flow

What is flow? People feel flow as a joyful experience. Most people think that language study is just hard. But reading is a great way to improve your language skills, and it is fun!

In fact, reading is famous as a “flow” experience. When you feel “flow,” you focus. You forget about the time. And reading itself feels like a reward.

Remember, reading works wonders, and it holds amazing powers to help you grow!

About the Book

Word Count: This book has 1070 words. Word Level: 95% of the words in this book come from the top 2,000 words of English. ReadOasis Level: Step 2. CEFR Level: Elementary: A2. Modified CEFR at ReadOasis A3 (Beginner ++). Images come with a standard license from depositphotos.com and a free license from pexels.com. Copyright 2020 ReadOasis.com.

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- Grow your English power with less stress.

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Dr. Shock has a PhD in linguistics from the University of Edinburgh. He teaches at a major university in Japan. He has over 25 years English teaching experience. He knows how you feel as a learner. He's an expert that can help you.





Learn English Fast by Reading!

